

Guidelines For Oxygen Use During Covid-19

Oxygen therapy helps people improve and maintain their blood oxygen level. When you use oxygen therapy, it's important to keep your oxygen equipment clean and practice safe use. Keeping your oxygen equipment clean helps to ensure that you receive uninterrupted, clean oxygen therapy.

OXYGEN EQUIPMENT MAINTENANCE

Outside of oxygen equipment:

1. Before you begin to clean the outside of your unit, be sure to unplug the machine from the wall.
2. To keep the outside of your machine clean, use a slightly damp towel and mild detergent.
3. Gently and carefully clean the outside of the machine and use a dry towel to dry it off.
4. You do not want to submerge your machine or use a soaking wet towel. Instead, use the slightly damp towel to wipe it off.
5. Make sure the machine is completely dry before turning it on for use.

Machine Filter:

1. Similar to the outside of your machine, you have to keep the filter clean too. The filter cleans the air that is coming into the machine and helps catch dust, pollen, allergens, dirt and mold and needs to be cleaned.
2. The general guidelines suggest cleaning the filter at least once a month. However, sometimes, additional cleaning may be required.
3. To clean your filter, always turn off your oxygen machine.
4. Once the machine is off, you can remove the filter,
5. Fill a bowl with water and gentle detergent. Carefully, place the filter into the bowl of soapy water and scrub it gently with a washcloth.
6. Rinse the filter under gentle running water to remove any remaining soap.
7. Set the filter on a clean, dry towel and let it dry completely before putting it back into the machine.





OXYGEN TUBING SHOULD BE REPLACED AS NEEDED.

NASAL CANNULAS SHOULD BE REPLACED EVERY OTHER DAY.

- Plan ahead, so you're never out of new oxygen tubing or nasal cannulas.

COVID-19 AND FAMILY CAREGIVING:

- When at all possible use gown, gloves and N95 mask when in close contact with the patient.
- Thoroughly wash hands before and after providing care.
- Have patient sleep in room by themselves when using CPAP/BiPAP device.
- Always have extra supplies on hand.

RESOURCES FOR CAREGIVERS:

- [COVID19 - Caring for someone at home | CDC](#)