

Long-COVID Return to Life

COVID-19 recovery may take longer for patients with COVID-19, leading to persistent symptoms weeks to months after infection.

Symptoms include:

- Brain fog
- Muscle weakness, pain, fatigue
- Altered balance
- Low activity tolerance
- Difficulty speaking
- Difficulty swallowing

A Yale School of Medicine study investigating Long-COVID found that a partnership with physical therapy is essential for patients. Supportive interventions may be of higher value than serial diagnostics, as many people experience slow symptom improvement over time.

Why choose Meritus Total Rehab Care as your partner for improving the outcomes of patients with Long-COVID?

Meritus Total Rehab Care will meet unique needs of Long-COVID patients to help them progress in daily activities and resume key life functions such as work, leisure, family interaction, social activities, fitness programs—to name a few.

Patient Experience:

- Press Ganey - 90%+ satisfaction achieved by the Meritus Total Rehab Care team in addressing patient questions or concerns, ease of scheduling, and overall care delivery.

Patient Effectiveness and Efficiency of Care:

- Focus On Therapeutic Outcomes (FOTO) - Exceeded national average in improving functional status more quickly than peer institutions.

Referral to the Return to Life Program provides screening for coordinated services, including:

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|----------------------------|----------------------------|
| Physical Therapy | Outpatient Care Management |
| Occupational Therapy | Community Support Services |
| Speech Language Pathology | Cardiac Rehab |
| Social Work | Pulmonary Rehab |
| Behavioral Health Services | |

Services are offered in multiple venues, including:

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|---------------------------|---------------------------|
| Virtual | Community Re-integration |
| Home Health | Vocational Re-integration |
| Outpatient Rehabilitation | |



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Purple entrance
Hagerstown, MD 21742
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Refer patients via Epic or by faxing a referral to 301-714-4026