



Your Anesthesia Care: Safe • Personalized • Monitored



Before your procedure at Meritus Medical Center, our experienced anesthesia team will work closely with your surgical care team to keep you safe, comfortable, and cared for every step of the way. From reviewing your health history to closely monitoring you during surgery, your anesthesia providers are dedicated to delivering personalized care and peace of mind throughout your experience.

Before Your Procedure

- No food/drink after instructed time
- Approved meds only
- Bring med/allergy list
- Bring ID/insurance
- Arrange ride home

Tell Your Team

- Prior anesthesia issues
- Sleep apnea/CPAP
- Heart/lung disease
- Diabetes/GLP-1
- Dental issues

Types of Anesthesia

- **MAC:** light sleep, fast recovery
- **General:** fully asleep
- **Regional:** numbing blocks
- **Local:** small area

What to Expect

- Sleepy
- Dizzy
- Sore throat
- Mild confusion
- Blurred vision



Side Effects

- Nausea
- Chills
- Itching
- Muscle aches
- Dry mouth

Your Safety

- Continuous monitoring
- Real-time medication adjustments
- Airway support if needed
- Provider always present

After (24 hr)

- No driving
- No alcohol
- No decisions
- Hydrate/light diet



When to Call Your Doctor

- Persistent nausea
- Uncontrolled pain
- Severe headache
- Drainage/swelling

When to Visit the Emergency Department

- Trouble breathing
- Chest pain
- Confusion
- Weakness
- Fever
- Allergic reaction