

## **Outpatient Pinworm Collection Instructions**

1. Specimens are best to collect a few hours after the person has gone to bed or first thing in the morning, **BEFORE A BOWEL MOVEMENT OR BATH.**
2. Remove the cap with the paddle from the plastic container.
3. Using the paddle's adhesive side labeled "ADH", press its sticky surface against several areas immediately around the rectum.
4. Insert the paddle back into the plastic container and screw the cap tightly.
5. Label the plastic container with the following information:
  1. Last name, first name
  2. Patient DOB
  3. Date of collection
  4. Time of collection

\*After specimen collection, **PLEASE** wash hands thoroughly with soap and water.

\*Place the specimen in the zip lock bag provided and the requisition in the outer pouch.

\*Promptly forward the specimen and laboratory requisition to Meritus Medical Laboratory.

**If specimen cannot be delivery promptly, it needs to be stored in a dry, cool place to prevent the pinworm eggs from hatching.**