How to Clean Your Nebulizer

It is important to clean your nebulizer more frequently to protect yourself, as well as your device.

NEBULIZER CLEANING TIPS
Clean after every nebulizer treatment:

- Wash your hands thoroughly.
- Remove the cup, cap, mouthpiece and mask: rinse with hot tap water and let air dry thoroughly.

Every other day:

- Every other day soak all pieces in vinegar solution or 50% hydrogen peroxide solution.
- To make vinegar solution: Mix one part white vinegar to 3 parts hot water.
- Disassemble parts, wash with soapy dish water, then soak in vinegar solution for 30 minutes, rinse with hot tap water and let air dry.

REPLACE NEBULIZER FILTERS WEEKLY

COVID-19 AND FAMILY CAREGIVING:

- When at all possible use gown, gloves and N95 mask when in close contact with the patient.
- Thoroughly wash hands before and after providing care.
- Have patient sleep in room by themselves when using CPAP/BiPAP device.
- Always have extra supplies on hand.

RESOURCES FOR CAREGIVERS:

- COVID19 - Caring for someone at home | CDC