

An Evening of Red Wine & Dark Chocolate

In celebration of National Wear Red Day and good cardiac health!

February 1, 2018

Robinwood Professional Center

1110 Medical Campus Rd. • Suite 142 • Hagerstown, MD 21742

Register at Meritushealth.com/events or call 301-790-8907

While there is no charge to attend the event, your donation at check-in of \$25.00 will support cardiac care at Meritus Health.

4:15 p.m.

Heart Healthy Marketplace Silent Auction

5:00 p.m.

Welcome - Suite 142

Jim Recabo, M.S.N., RN, NE-BC
Clinical Manager

5:05 p.m.

Wine Tasting - Suite 142

Joseph Fiola, Ph.D.
University of Maryland Research
and Education Center

5:30 p.m.

Cooking Demo

Tim Higgins, M.S., RD, LDN, CDE
Meritus Diabetes Education

6:00 p.m.

Dinner

6:45 p.m.

Red Wine, Dark Chocolate and a
Plant Based Diet for Cardiac Health

Payam Fallahi, M.D.
Hagerstown Heart

7:30 p.m.

A Little Wine With Your
Dessert Silent Auction

Joseph Fiola, Ph.D.

7:50 p.m.

A Toast To Your Health

Hagerstown Heart

**New Silent
Auction**

*Please wear red
to this event in support
of cardiac health!*



Meritus
Health

A special thank you to this evening's major sponsors whose support made this program possible: Meritus Healthcare Foundation, Hagerstown Heart, PA and Meritus Community Health Education