

**Faith Community Nursing: Health & Wholeness from Diverse Faith Perspectives**  
**October 1, 2016 – Ed Poling**

“Our first task in approaching another people, another culture, another religion is to take off our shoes, for the place we are approaching is holy. Else we may find ourselves treading on men’s dreams. More serious still, we may forget that God was here before our arrival. We have to try to sit where they sit, to enter sympathetically into the pains and grieves and joys of their history and see how those pains and griefs and joys have determined the premises of their argument. We have, in a word, to be ‘present’ with them.”

~ Max Warren (Born to Irish parents and raised in India, Max Warren was an Anglican vicar and missionary. He served as General Secretary of the Anglican Church Missionary School for 21 years.)

**Jewish Prayer for Healing\***

I will lift up mine eyes unto the mountains: from whence shall my help come?  
My help cometh from HaShem, who made heaven and earth.  
He will not suffer thy foot to be moved; He that keepeth thee will not slumber.  
Behold, He that keepeth Israel doth neither slumber nor sleep.  
HaShem is thy keeper; HaShem is thy shade upon thy right hand.  
The sun shall not smite thee by day, nor the moon by night.  
HaShem shall keep thee from all evil; He shall keep thy soul.  
HaShem shall guard thy going out and thy coming in, from this time forth and for ever.  
- Psalms 121:1-8

**Christian Prayer for Healing\***

Jesus, during your life on earth you experienced pain. You prayed to your Father for help in your struggle. I am in pain now and pray to you for help. Allow me to know your presence in my life. Strengthen my faith and give me the assurance of your everlasting love for me. Amen.

**Muslim Prayer for Healing\***

Oh, Lord! Help us to hold fast all together to Your path, even in the shaky times. Lord! You have promised to help us in our time of trouble and need. We rest upon Your word  
- Imam Moujahed Bakhach

**Hindu Prayer for Healing\***

Lord of humankind: remove the hardship and release the sick of their sickness. Ease the suffering and heal them as you are the Healer. There is no cure except through Your healing. Help us to be steadfast and make our faith well established. Grant us a healthy heart and a truthful tongue. Set right our affairs and forgive us our sins, our wrongs, our mistakes, and shortcomings. Amen.

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## **Buddhist Prayer for Healing\***

May all beings everywhere plagued  
with sufferings of body and mind  
quickly be freed from their illnesses.  
May those frightened cease to be afraid,  
and may those bound be free.  
May the powerless find power,  
and may people think of befriending  
one another.  
May those who find themselves in trackless,  
fearful wilderness-  
the children, the aged, the unprotected-  
be guarded by beneficent celestials,  
And may they swiftly attain Buddhahood.

- The Buddha

## **Baha'i Prayer for Healing\*\***

Thy name is my healing, oh my God, and remembrance of Thee is my remedy. Nearness to Thee is my hope and love for Thee is my companion. Thy mercy to me is my healing and my succor in both this world and the world to come. Thou, verily, are the All-Bountiful, the All-Knowing, the All-Wise.

## **Native American Healing Prayer\*\***

In the house made of dawn.  
In the story made of dawn.  
On the trail of dawn.  
O, Talking God. His feet, my feet, restore.  
His limbs, my limbs, restore.  
His body, my body, restore.  
His mind, my mind, restore.  
His voice, my voice, restore.  
His plumes, my plumes, restore.

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\*Worldhealingprayers.com

\*\*<https://www.google.com/#q=native+american+prayers+for+healing+the+sick>

### **For further reading:**

*God Is Not One: The Eight Rival Religions that Run the World –and Why their Differences Matter* by Stephen Prethero, (HarperOne: New York, 2010)

*How to Be a Perfect Stranger: The Essential Religious Etiquette Handbook*, ed. Stuart M. Matlins & Arthur J. Magida, Skylight Paths Publishing (Woodstock, VT, 2006)