

# CONNECTING FAITH & HEALTH

Church Health Reader is:

- **INNOVATIVE** fostering **NEW IDEAS** for health ministry
- **INSPIRATIONAL** celebrating the **CHURCH'S MISSION** of healing
- **KNOWLEDGABLE** featuring the **BEST THINKERS** in faith and health
- **PRACTICAL** sharing **HELPFUL WAYS** of doing health ministry

**Subscription Rates:**  
1 year \$20 US | \$35 International  
2 years \$36 US | \$66 International  
3 years \$49 US | \$79 International

For centuries, the Church has been on the frontlines of caring for people's physical and spiritual health. Yet today, we tend to separate the physical and the spiritual. That's why *Church Health Reader* provides award-winning resources for you and your church—online and in print.

**CHURCH HEALTH READER FEATURES INTERVIEWS AND ARTICLES BY:**

- |                              |                     |                          |
|------------------------------|---------------------|--------------------------|
| John L. Bell                 | Lance D. Laird      | Katherine Willis Pershey |
| Robyn Fickes Bles            | Michelle M. LeIwica | Michael Pollan           |
| Walter Brueggemann           | Thomas G. Long      | Darla Schumm             |
| Mary Button                  | James Martin        | Shively T. J. Smith      |
| Stanley Hauerwas             | Martin F. Marty     | John Swinton             |
| Deborah van Deusen Hunsinger | William Miller      | Jim Wallis               |
|                              | William Moyers      |                          |



# WE'RE RECLAIMING the biblical call to care for

# body and spirit

**Innovative. Inspiring. Knowledgeable. Practical.**  
Resources from the Church Health Resource Store help individuals and congregations find their places in the healing dimension of the gospel. Tools that integrate faith and health build ministries of health and wellness that touch the whole person, body and spirit.

## RESOURCES

*For you and your congregation*

visit online at [STORE.CHURCHHEALTHCENTER.ORG](http://STORE.CHURCHHEALTHCENTER.ORG)

# Our signature outreach program, available for your community

The Congregational Health Promoters (CHP) program has been part of the Church Health Center in Memphis, Tennessee, for most of the organization's history. Through the years, we have trained over 1,000 individuals to be agents of change by serving as congregational health promoters in local faith communities. Now, you too can facilitate your own Congregational Health Promoters course using this comprehensive training guide.

Congregational Health Promoter Leader Guide	Congregational Health Promoter Participant Guide	CHP Bundle
\$35.00	\$10.00	1 Leader Guide + 10 Participant Guides
		\$100.00

TRY THE BUNDLE TODAY  
1 LEADER GUIDE • 10 PARTICIPANT GUIDES

CONGREGATIONAL HEALTH PROMOTER TRAINING PARTICIPANT GUIDE

CONGREGATIONAL HEALTH PROMOTER TRAINING LEADER GUIDE

OUR SIGNATURE OUTREACH PROGRAM IS AVAILABLE FOR YOUR COMMUNITY

## CURRICULA



**Model for Healthy Living Introduction with Reflections**  
\$10.00

Complete with reflections on Scripture and tools for self-evaluation, this booklet helps to assess your life, set attainable goals, and celebrate the joy of healthy living.



**Walk & Talk Walking Together with Scripture**  
\$10.00

This year-long Bible study and devotional is specifically designed to be used while you walk with a friend, with a member of your congregation, or by yourself.



**See All the People A Fun Activity for Envisioning Health Ministry**  
\$10.00

See All the People is a group activity to start discussions and envision what health ministry can look like in congregations of any size.



**Gardening Introducing Gardening to Congregational Life**  
Ashley Goff  
\$10.00

This booklet provides congregations the tools and theological back drop to establish a gardening ministry for their church grounds.



**Beekeeping Introducing Beekeeping to Congregational Life**  
Ashley Goff  
\$10.00

This booklet guides you through the biblical, health, ecological, and liturgical aspects of beekeeping.



**Body & Spirit: Faith and Health in the Bible**  
Rev. G. Scott Morris, MD and Susan Martins Miller  
\$10.00

Filled with thought-provoking questions, this study will serve as a starting point for conversation about health ministry in your church setting as well as your community.

## DEVOTIONALS



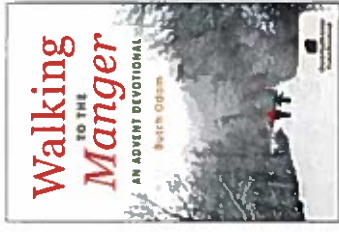
**Walking to the Cross A Devotional for Lent**  
Butch Odum  
\$4.00

Walking to the Cross is a 40-day devotional designed for the Christian season of Lent. It invites you to make walking, reflecting and prayer a part of your daily Lenten practice.



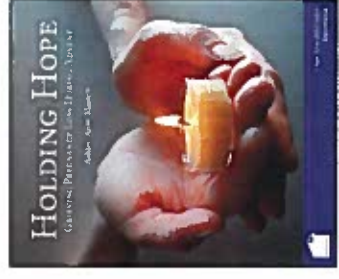
**Stations of the Cross Mental Illness**  
Mary Button  
\$70.00

This is an appropriate study during Lent, Holy Week, or any time of contemplation of following Christ with a focus on mental well-being.



**Walking to the Manger An Advent Devotional**  
Butch Odum  
\$4.00

Walking to the Manger is a collection of devotionals inviting you to make walking, reflecting and prayer a part of your daily Advent practice.



**Holding Hope Grieving Pregnancy Loss During Advent**  
Ashley-Anne Masters  
\$5.00

This four-week devotion is intended to be used by anyone who is grieving the loss of a child or children due to miscarriage, stillbirth, or other complications of premature births.

## ALSO AVAILABLE



**Stronger Together Starting a Health Team in Your Congregation**  
Jill Westberg McNamara  
\$15.00

This book is a valuable guide that your health team will refer to again and again.



**Health Ministry Advice for Everyone**  
Deborah Patterson  
\$12.00

Deborah Patterson answers some of the most pressing or perplexing questions on health and wellness in congregations.



**Gentle Rebel: The Life and Work of Granger Westberg**  
Jane Westberg and Jill Westberg McNamara  
\$15.00

Granger Westberg's own words thread together the story of his remarkable life in this inviting narrative.

## Interested in health ministry?

## Don't know where to begin?

## TRY OUR STARTER KIT

Included in this bundle are 5 of our foundational health ministry resources that can jumpstart your plans, whether you're looking to begin a ministry in your church, start a faith-based community health program, or simply learn more.

These 5 books will guide you along:

- See All the People
- Health Ministry Advice for Everyone
- Stronger Together
- Walk & Talk
- Health Care You Can Live With

Health Ministry Starter Kit: \$40

Browse all of our resources online at [Store.ChurchHealthCenter.Org](http://Store.ChurchHealthCenter.Org)