

Parish Nurse Network Meeting  
October 18, 2018  
6:30 – 8:30 pm  
Trilogy Center

Opening Reflection – *Celebrating Pumpkins*

Program Presentation: Drs. Karen and Scott Hamilton  
Dementia from the Perspectives of an Audiologist and Cardiologist  
Dr. Karen Hamilton – Audiology Services, 301-790-3300  
Dr. Scott Hamilton – Hagerstown Heart, 301-797-2525

Program Updates

- Foundations Course, 17 Participants  
Thanks to Terri Hyne, Becky, Buffington, Nina Sandeen, Cathy Ware, Linda Henesy for helping with Breakfast Breads, Desserts!
- Community Health Needs Assessment Findings Presentation: Nov. 20, 9a-12p, Robinwood 142
- Magnet Application Submitted (Meritus)
- Senior Fall Fair, Two Helpers Needed: BPs and Drink Less Sugar Display  
Saturday, November 3<sup>rd</sup>, 8a-1p, Robinwood Atrium
- Wendy away from the office: October 30 – November 14

Sharing and Networking

- Resources for Northern Middle, North/South High (Julianne)
- Virginia FCN Network Retreat, Cacapon Resort State Park, April 28-30, 2019

**Next Meetings:**

Thursday, November 15, 6:00 – 8:30 pm, Dinner Meeting at Robinwood 142  
Dr. Payam Fallahi, *Plant-Based Diet for Cardiac Health*

Thursday, January 17, 2019, 12-2:30p, Lunch Meeting, Trilogy Center  
Dr. Rehan Waheed, Parkway Neuroscience and Spine Institute  
Topic: *Latest Treatment for Back Pain*

