

Fertility Patient Instruction Sheet (FERT)

* Read all instructions before beginning

1. **MAKE AN APPOINTMENT** Your physician's office may make an appointment for you OR you may call 301-665-4900 or 1-800-428-2105 to schedule the appointment. Since accurate results are dependent upon the specimen being evaluated within a specified time, MML requires appointments for delivering all Fertility specimens. Fertility specimens are accepted only at MML's main office at Robinwood Professional Center, Suite 230.
2. Refrain from intercourse and masturbation for 2-7 days prior to the day you have scheduled to collect the semen specimen.
3. Obtain a clean, **glass** container from your physician, the lab, or use a clean, glass container from your home. If you use a container from home, be sure to clean it, rinse it, and dry it thoroughly. A container about the size of a 2.5 oz. mustard jar should be sufficient.
4. Collect the entire ejaculate **directly** into the container. *It is important that the entire ejaculate is collected.*

Do not collect specimens in a condom as latex condoms and spermicide can affect the results.

5. Fill out the **Semen Collection Form** to be returned to the laboratory with the specimen at Robinwood Professional Center. Keep the specimen warm in a pocket near your body.
6. Report to Robinwood Professional Center **within 30 minutes** of the collection of the specimen.
7. You will need to bring the following:

Your Physician's Order	The Semen Collection Form
Your Specimen	Your Insurance Card

Appointments are accepted for:

MONDAY-FRIDAY
7:30 A.M. - 3:00 P.M.
SUITE 230 (GREEN ENTRANCE)

SATURDAY
7:30 A.M. - 12 P.M. (NOON)
SUITE 230 (GREEN ENTRANCE)

****Special instructions for Saturday Appointments**

- Enter the Green Entrance and you will see a Courtesy phone on your left after you pass the steps.
- Dial 4927 (do not dial "5") and tell the MML Processing Dept that you are here with a specimen. (You may also call the number below on a cell phone.)
- Walk up the stairs to Suite 230 and the Processing Tech will meet you at the door to take your specimen since the front office is closed on Saturdays.

**IF YOU HAVE ANY QUESTIONS ABOUT THIS INFORMATION,
PLEASE CALL MERITUS MEDICAL LABORATORY
AT 301-665-4900 or 1-800-428-2105**