

Meritus Community Health Improvement Plan FINAL

FY2022 - 2025

Strategic Plan Goal: Improve Health

HEALTH NEED	OBJECTIVE	GOAL	ACTIONS	AGENCIES	TARGET OUTCOME	Baseline	FY2023 Outcome
Obesity	Lose 1 Million Pounds by 2030	Increase registered users actively logging pounds in the community weight tracker	Improve media promotion of campaign, implement participation incentives, share best practices among partners	Meritus, HWC	≥ 95% user activity	92.3% FY 2021	
		Community documents total pounds lost	Implement program for participation incentives	Meritus, HWC	> 100,000 pounds lost	11,200 FY 2021	
Disease Management	Prevent and improve management of diabetes and hypertension	Improve management of hbA1c in patients with diabetes	Provider education, care coordination standards, referrals to evidence-based self management	Meritus	≥ 90% of patients hbA1c value ≤ 9	78.3% CY 2019	
		Provide Diabetes Prevention Program (DPP)	Expand DPP sites, virtual, add DPP trainers, increase provider referrals	Meritus, COA, WCHD	1,909 patients referred 191 enrolled	New	
		Provide Diabetes Self-Management Program (DSMT)	Expand DSMT services, add virtual option, increase provider understanding and referrals	Meritus	1,413 patients referred 304 enrolled	New	

HEALTH NEED	OBJECTIVE	GOAL	ACTIONS	AGENCIES	TARGET OUTCOME	Baseline	FY2023 Outcome
Health Equity	Attain the highest level of health for all people	Increase racial/ethnic diversity in the workforce that looks like the community	Adopted use of the Rooney Rule for all Leadership hire process. Expand to 3 other organizations with more than 150 employees.	Meritus, HWC	24% Minority leadership	New	
		Increase access to health care and healthy food	Establish downtown health hub with access to primary care, screening, food prep	Meritus, Goodwill	10% reduction in ED visits for Black and Hispanic residents 21740	New	

Meritus Community Health Improvement Plan FINAL

FY2022 - 2025

Strategic Plan Goal: Improve Health

HEALTH NEED	OBJECTIVE	GOAL	ACTIONS	AGENCIES	TARGET OUTCOME	Baseline	FY2023 Outcome
Access to Behavioral Health	Improve access to timely behavioral health treatment and recovery	Establish regional crisis center services	Plan, fund, renovate, recruit	Meritus	Provide walk-in crisis center service 24/7 by June 30, 2023	New	
		Decrease number of overdose fatalities in Washington County	Decrease opioid prescriptions, implement buprenorphine in ED, expand MAT services, sustain Peer Support	Meritus, WCHD	Decrease annual overdose fatalities by 25%	100 CY2020	
		Reduce suicide rate	Increase timely access and crisis intervention	HWC	Decrease suicide rate by 25% (goal 10.8 per 100k)	14.4 FY2019	
Wellness &	Engage and empower people to choose healthy	Increase health screening	Mobile Health, Residency, MMG practices; linkage of positive screens, earlier intervention, prevention of chronic illness	Meritus	Complete ≥ 1,095 preventative health screens	New	

Prevention	Choose healthy behaviors and make changes to reduce risks	Reduce loneliness	Add community partners, dedicated staff, individual contacts, implement home visits	Meritus	Reduce report of loneliness by 50%	1578 FY21	
------------	---	-------------------	---	---------	------------------------------------	--------------	--

FY2022 - 2025