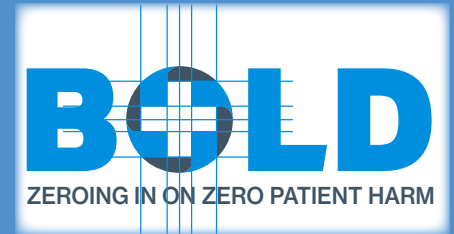


Your Safety is Our Priority



We assess all patient patient for fall risk:

- If you are at risk of a fall, we provide the following:
 - Fall Risk door banner
 - Red non-skid slipper socks
 - Gait belt
 - Bed and chair exit alarms

Share information with your nurse and doctor:

- If you have a history of falling at home.
- If you are dizzy, weak or unsteady on your feet, do not get up without help.
- If you use a walker or cane at home you should also use it in the hospital.

Fall prevention tips for your hospital stay:

- Make sure the nurse call button is within reach and you know how to use it.
- If you have an IV line, ask for help to assist you to help move your IV machine.
- Keep the room clutter-free. Avoid picking things up the floor, ask staff for assistance.
- If you are high fall risk, a staff member will stay with you while toileting.
- If you are high fall risk, staff will place a gait belt on you to assist in stabilization while ambulating.

Ask for help:

- Ask someone to assist you whenever you get up. Call for help before the need to get to the bathroom becomes urgent. Most hospital falls occur when patients try to get out of the bed to go to the bathroom without assistance.
- Staff will be Purposeful Rounding: When encouraged by staff use the bathroom, make sure call light is within reach, and clutter is removed from the floor.



[MeritusHealth.com/ZeroHarm](https://www.MeritusHealth.com/ZeroHarm)

